

Download Working Moms Survival Guide

You're going back to work after having a baby. Do you feel guilty, elated, uncertain? The polar opposite of how you thought you would feel? Take a deep breath and remember that more than half of all new moms go back to work when their babies are younger than 1 year old—many with conflicted emotions. Since we've been around for a while (ahem), Working Moms Against Guilt has stayed on top of the “working mom” scene. Whenever we come across a site that we like (and think you'd like), we add it to this list of top blogs for working moms. Breastfeeding at work can be uncomfortable, but if anyone gives you a hard time about it, remember it's your right. I felt so uncomfortable when I had to discuss breastfeeding options with my boss, but I had another co-worker who was fearless about it. survival guide to homelessness. A guide not only to surviving, but to living and thriving as a homeless person. Work, hygiene, shelter, human rights, food, stigma, and social life are all discussed., Working Moms Survival Guide.

Other Files :

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